

| FRI 23 DEC | SAT 24 DEC | SUN 25 DEC | MON 26 DEC | TUE 27 DEC | WED 28 DEC | THU 29 DEC | FRI 30 DEC | SAT 31 DEC | SUN 1 JAN | MON 2 JAN |
|--|--|------------|--|--|---|---|--|--|--|---|
| 6:45am - 7:35am Power Pilates Group Fitness Studio | 7:15am - 8:05am Spin Cycle Studio | CLOSED | 1:00pm - 1:50pm Aqua (S) Shallow Water Pool | 7:15am - 8:05am Butts, Thighs, Tummies Wellness Room | 7:15am - 8:00am EPIC Power Group Fitness Studio | 7:15am - 8:05am Functional Full Body Circuit Group Fitness Studio | 7:15am - 8:05am Power Pilates Group Fitness Studio | 7:00 am - 8:00am Spin Power Cycle Studio | 1:00pm - 1:50pm Aqua (S) Shallow Water Pool | 7:15am - 8:05am RPM Cycle Studio |
| 7:45am - 8:45am Mature Movers Group Fitness Studio | 7:30am - 8:30am BodyPump Group Fitness Studio | | 2:00pm - 2:50pm Aqua Drumsticks (S) Shallow Water Pool | 7:15am - 8:15am Spin Power Cycle Studio | 8:00am - 9:00am Kick, Splash Jab (S) Shallow Pool | 7:45am - 8:45am Dru Yoga Gentle Wellness Room | 8:00am - 9:00am Aqua Ultimate (S) Shallow Water Pool | 7:30 am - 8:30am BodyPump Group Fitness Studio | 2:00pm - 2:50pm Aqua (S) Shallow Water Pool | 8:00am - 8:50am Aqua (S) Shallow Water Pool |
| 7:45am - 8:35am Aqua Blast (S) Shallow Water Pool | 7:45am - 9:00am Ultimate Endurance 75 Concourse | | | 8:00am - 8:50am Aqua (S) Shallow Water Pool | 8:00am - 8:50am Spin Cycle Studio | 8:00am - 9:00am Aqua (S) Shallow Water Pool | 8:15am - 9:00am Ultimate Step Group Fitness Studio | 7:30 am - 8:45am Ultimate Endurance 75 Concourse | 4:00pm - 4:50pm Total Body Strength Group Fitness Studio | 8:15am - 9:00am EPIC Cardio Group Fitness Studio |
| 8:15am - 9:45am Spin Power 90 Cycle Studio | 8:30am - 9:20am RPM Cycle Studio | | | 8:15am - 9:05am Total Body Burn Group Fitness Studio | 8:15am - 9:05am Functional Full Body Circuit Group Fitness Studio | 8:15am - 9:05am Total Body Strength Group Fitness Studio | 8:15am - 9:45am Spin Power 90 Cycle Studio | 8:15 am - 9:05am Spin Cycle Studio | 5pm - 6pm Pilates Flex, Sculpt and tone Group Fitness Studio | 9:00am - 9:50am Aqua Blast (S) Shallow Water Pool |
| 9:15am - 10:15am BodyPump Group Fitness Studio | 8:45am - 9:45am EPIC Attack Group Fitness Studio | | | 8:15am - 9:15am Yoga Gentle Wellness Room | 9:15am - 10:05am Total Body Strength Group Fitness Studio | 8:15am - 9:05am Spin Cycle Studio | 9:15am - 10:15am BodyPump Group Fitness Studio | 8:45 am - 9:45am EPIC Attack Group Fitness Studio | | 9:15am - 10:05am Butts, Thighs and Tummies Group Fitness Studio |
| 9:15am - 10:00am Aqua Blend (S) Shallow Water Pool | 10:00am - 11:00am BodyBalance Group Fitness Studio | | | 9:00am - 9:50am Aqua (S) Shallow Water Pool | 9:15am - 10:00am Aqua Bootcamp (D) Deep Water Pool | 9:15am - 10:00am EPIC Cardio Group Fitness Studio | 9:15am - 10:15am Pilates Blend Wellness Room | 9:00 am - 9:50am Reformer Power Pilates Reformers Studio | | 9:15am - 10:05am Spin Power Cycle Studio |
| 9:15am - 10:15am Pilates Blend Wellness Room | | | | 9:15am - 10:00am Epic Cardio Group Fitness Studio | 9:15am - 10:05am RPM Cycle Studio | 9:15am - 10:00am Aqua Blend (D) Deep Water Pool | 10:30am - 11:45am Yoga Bliss 75 Wellness Room | 10:00 am - 11:00am BodyBalance Group Fitness Studio | | 10:15am -11:05am Total UpperBody Burn Group Fitness Studio |
| 10:30am - 11:45am Hatha Yoga Wellness Room | | | | 9:15am - 10:05am Spin Cycle Studio | 9:15am - 10:05am Pilates Blend Wellness Room | 9:15am - 10:00am Aqua Ultimate (S) Shallow Water Pool | | 10:00 am - 10:50am Reformer Power Pilates Reformers Studio | | 5:00pm - 5:50pm Total Body Strength Group Fitness Studio |
| | | | | 10:15am -11:05am Total Upper Body Burn Group Fitness Studio | 10:15am -11:05am Butts, Thighs, Tummies Group Fitness Studio | 9:15am - 10:05am Spin Power Cycle Studio | | | | 6:00pm - 6:50pm Pilates Blend Group Fitness Studio |
| | | | | 4:00pm - 4:45pm EPIC Power Group Fitness Studio | 10:15am - 11:15am Inner Peace Yoga Group Fitness Studio | 9:30am - 10:20am Pilates Flex, Sculpt and Tone Wellness Room | | | | |
| | | | | 5:00pm - 5:50pm Total Body Strength Group Fitness Studio | 4:45pm - 5:35pm BodyPump Group Fitness Studio | 10:15am - 11:15am BodyPump Group Fitness Studio | | | | |
| | | | | 6:00pm - 6:50pm Pilates Flex, Sculpt and Tone Group Fitness Studio | 5:45pm - 6:40pm Zumba Cycle Studio | 10:15am - 11:05am Spin Cycle Studio | | | | |
| | | | | | 5:45pm - 6:35pm Spin Cycle Studio | 4:45pm - 5:35pm Pilates Wellness Room | | | | |
| | | | | | | 5:00pm - 5:50pm Ultimate Body Strength Group Fitness Studio | | | | |
| | | | | | | 5:45pm - 6:45pm Yoga Bliss Wellness Room | | | | |
| | | | | | | 6:00pm - 6:50pm Boxing Group Fitness Studio | | | | |